

Neurological Rehabilitation Program

The basics

This program has been created to support individuals with neurological injuries in achieving physiotherapy goals. Our aim is to make physiotherapy services physically and financially accessible across your lifespan.

At this time, we are only able to see individuals with a diagnosis of spinal cord injury (SCI) but are exploring every opportunity to expand the program in the future.

We can help with improving mobility, balance, and functional task performance. We can also assist with stretching and positioning, post-Botox and other spasticity management, and rehabilitation following tendon transfers and tendon releases.

Eligibility criteria

This program is available to individuals with incomplete SCI who have functional goals, and are unable to access other specialized physiotherapy services.

If you have extended health benefits, or other third-party funding (like auto insurance benefits), we can offer recommendations of community-based care providers who can offer you excellent care.

How it works

After you book an appointment, Meaghan, your Physiotherapist, will be in touch via telephone prior to your visit to discuss your injury and goals.

If you are eligible for the program, you will be assessed and an individualized treatment plan will be created for you. You will see Meaghan every 1-2 weeks, and will work on your home program between sessions. Your progress will be reassessed every 4-6 weeks.

All of our sessions will be 1 hour in length.

This is a pay-what-you-can program. We are suggesting three possible options:

1. There is no obligation to pay for this service.
2. If you are able, please consider paying \$20 a session.
3. If you would like to support this program further, we accept payment of amounts of your choice, up to \$60.

For any questions, please do not hesitate to reach out to our staff.

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